



### Sizing Instructions

Using measuring tape, measure your body (not over clothing) and refer to diagram as a guide. If you fall between sizes, order the smaller size for a tighter fit or the larger size for a looser fit.

**Men:** Utilize your chest, arm length, and neck measurements to determine the proper size for tops, outerwear, or jumpsuits; utilize your waist measurement (where you wear your pants) for bottoms.

**Women:** Utilize your chest measurement to determine the proper size for tops, outerwear, or jumpsuits; utilize your waist (smallest part) and hip measurements for bottoms; utilize your waist measurement (where you wear your pants) for belts.

### Men's Body Measurements

Alpha Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Neck	13-13 1/2	14-14 1/2	15-15 1/2	16-16 1/2	17-17 1/2	18-18 1/2	19-19 1/2	20-20 1/2	21-21 1/2	22-22 1/2
Chest	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64	66-68
Arm Length*	32 3/4-32 3/4	33-33 1/2	33 3/4-34 1/4	34 1/2-35	35 1/2-35 3/4	36-36 1/2	36 3/4-37 1/4	37 1/2-38	38 1/4-38 3/4	39-39 1/2
Waist	24-26	28-30	32-34	36-38	40-42	44-46	48-50	52-54	56-58	60-62

Short = 5'3"-5'7", Regular = 5'8" - 6'0", Tall = 6'1" - 6'3", Tall sizes have 2" added to body and sleeve length. \*Arm length refers to your actual arm length, not the garment's sleeve length.

### Women's Body Measurements

Alpha Size	X-Small	Small	Medium	Large	X-Large					
Numeric Size	2	4	6	8	10					
Chest	32 1/2	33 1/2	34 1/2	35 1/2	36 1/2	38	39 1/2	41	43	45
Arm Length*	29 3/4	30 3/4	30 1/2	31	31 1/4	31 3/4	32	32 1/2	32 3/4	33 1/4
Waist	25	26	27	28	29	30 1/2	32	33 1/2	35 1/2	37 1/2
Hip	35 1/2	36 1/2	37 1/2	38 1/2	39 1/2	41	42 1/2	44	46	48

Regular = 5'5" - 5'7", Tall = 5'8" - 5'11", Tall sizes have 2" added to body length and 1 1/2" added to sleeve length.

\*Arm length refers to your actual arm length, not the garment's sleeve length.

### Men's Footwear Sizing

US Size	5	6	6 1/2	7	7 1/2	8	8 1/2	9	9 1/2	10	10 1/2	11	11 1/2	12	13	14	15
UK Size	4	5	5 1/2	6	6 1/2	7	7 1/2	8	8 1/2	9	9 1/2	10	10 1/2	11	12	13	14
EU Size	37 1/2	38 1/2	39	40	40 1/2	41	42	42 1/2	43	44	44 1/2	45	45 1/2	46	47 1/2	48 1/2	49 1/2

Wide available in US Sizes 7-12, 13

### Women's Footwear Sizing

US Size	5	6	6 1/2	7	7 1/2	8	8 1/2	9	9 1/2	10
UK Size	4	4 1/2	5	5 1/2	6	6 1/2	7	7 1/2	8	8 1/2
EU Size	37	37 1/2	38	38 1/2	39	40	40 1/2	41	42	42 1/2

### Glove Sizing

Unisex Size	S	M	L	XL	2XL
Men's	78mm	90mm	103mm	114mm	127mm
Women's	71mm	83mm	96mm		

Measure across the palm of your hand from where your thumb and index meet.

### Hat Sizing

Hat Size	Measurement	A-Flex	One Size
7	22" / 55.8 cm	M/L	One Size Fits Most
7 1/8	22 3/8" / 56.8 cm		
7 1/4	22 3/4" / 57.7 cm		
7 3/8	23 1/8" / 58.7 cm	L/XL	
7 1/2	23 1/2" / 59.6 cm		
7 5/8	23 7/8" / 60.6 cm		
7 3/4	24 1/4" / 61.5 cm		
7 7/8	24 5/8" / 62.5 cm		

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